



RUNA

Supplemental Lesson Pack



~ Note ~

Jan 10, 2026

Although Leif Erickson claimed the runes of the Elder Futhark were grouped together as “incidents of inadvertent poisoning of people.” this turned out not to be the case. All known runes are connected to a corresponding Giant Planet 100 million light years distance from Earth, also known as the “Outer Rim.” 24 [the Elder Futhark] giant planets arose in response to their corresponding runic event or incident on Earth which involved suspicious visitor(s) from other planets attempting to gain citizenship on Earth and a God / Goddess of Myth & Legend who was/were present at the time.

For example, the Giant Black Diamond [1] planet, known as “Skylark.” [2] arose in response to an argument on Hiva Oa over a black diamond patch and what might have been owed. The rune itself means “elk-sedge” grass in Old English (Eolhx) as part of the Futhorc alphabet, perhaps implying that this was what Alina needed, to stay locally & treat her wound with local sedge grass found in Europe.

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[1] Natural Black Diamonds (also known as “carbonados”) are dark colored, pea-sized “diamonds” composed of diamond, graphite, and amorphous carbon. They are found primarily in riverbeds and alluvial deposits in Brazil and the Central African Republic.

[2] movie ~ “Battle for Skylark” (2015)

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However, Alina Starkov left the Caspian Sea Region and spent nearly one year at sea before she reached Hiva Oa, only to request crushed BLACK diamonds applied with a medicinal salve for the wound on her collarbone approximately 6-8 months old (where a Roman soldier sliced off the piece of Giant Elk antler Marcus had glued onto Alina's collarbone in order to amplify her powers).

The "healer" Katie still argues Alina owes for the argument and the contaminated salve over 500 years later with the black diamond chunk still in its bag.

While "regular" diamonds were never intended for treating physical injuries (they were meant to be used for their beauty as jewelry and as an elixir treatment with the Pink Lotus for Clarity & Focus and more generally, to ward off poison).

BLACK diamonds may be used to treat individuals described as SKI, or SEI, meaning "Stupid Evil Idiot," like the fake healer "Katie," who is still dragging her Black Diamond chunk around after Alina Starkov, badgering her over payment for treatment she never received. This is Algiz {15}.



Black Diamonds may be melted and mixed with Plutonium (or used alone) for treating or exterminating individuals with SKI/SEI. Black Diamonds may be used to exterminate those individuals who **are** Black Diamonds. The same is true for the other 23 Runes.





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For each rune in the Elder Futhark, the substance (or cause) of the argument may be used to exterminate the perpetrators or "suspicious visitors." from the other planets who chose to persecute their **runic victims** based on their own egotistical insanity.

As it turns out, all 24 runes of the Elder Futhark are [historical] incidents involving an explosive, egotistical argument thwarted by the formation of a Giant planet that dropped a chunk of what the individuals were arguing over in an attempt to thwart another "Gas Giant Incident" (like Jupiter). Runes were written down as a way to record these types of (unresolved) magic resource use incidents.

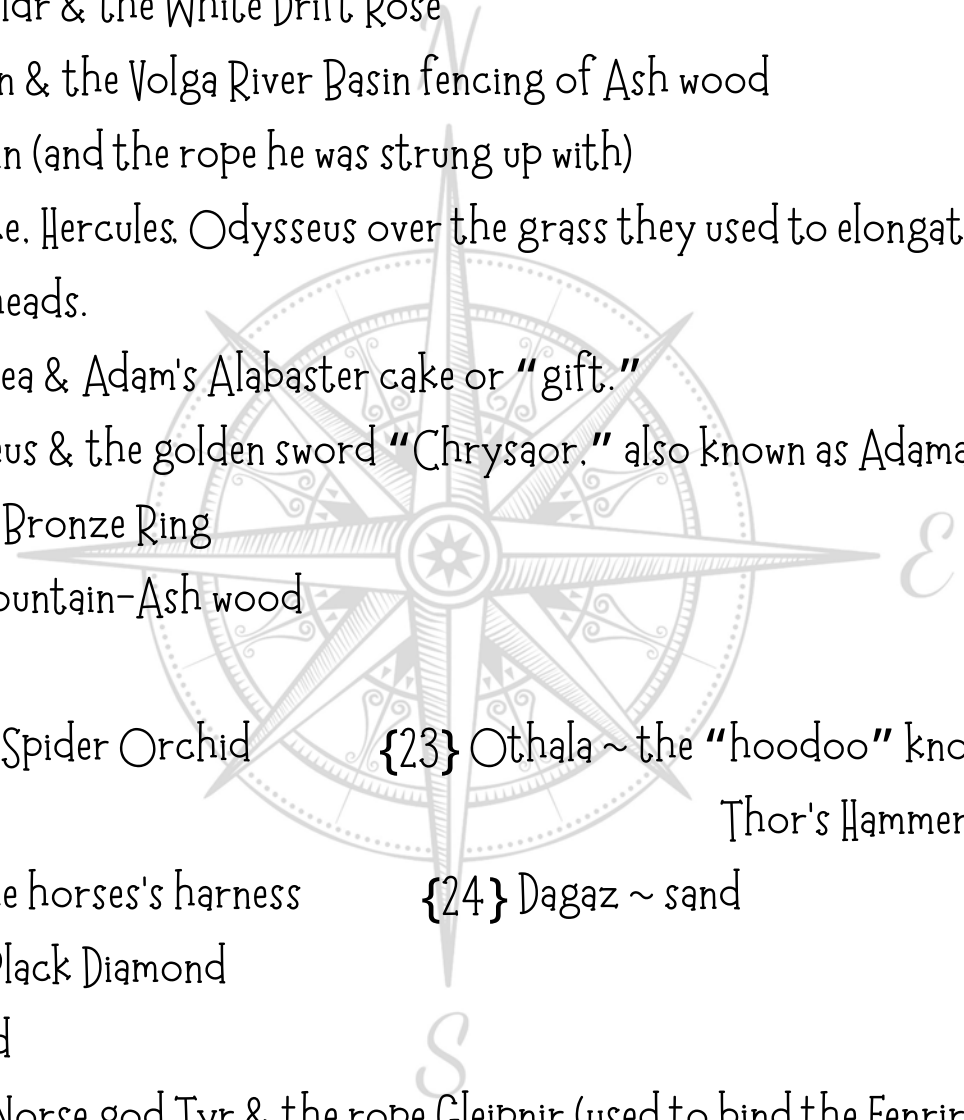




Incident Information



- {1} Fehu ~ Tyra. Freya & her drops (ivory, uranium, aquamarine)
- {2} Uruz ~ Kali & the male Auroch who drank from the Uranium pond
- {3} Thurisaz ~ Baldr & the White Drift Rose
- {4} Ansuz ~ Odin & the Volga River Basin fencing of Ash wood
- {5} Raidho ~ Odin (and the rope he was strung up with)
- {6} Kaunan ~ Circe. Hercules. Odysseus over the grass they used to elongate Scylla's heads.
- {7} Gebo ~ Astraea & Adam's Alabaster cake or "gift."
- {8} Wunjo ~ Aegeus & the golden sword "Chrysaor." also known as Adamant.
- {9} Hagalaz ~ the Bronze Ring
- {10} Naudhiz ~ Mountain-Ash wood
- {11} Isaz ~ Ice
- {12} Jera ~ Blood Spider Orchid
- {23} Othala ~ the "hoodoo" known as Thor's Hammer
- {14} Perthro ~ the horses's harness
- {24} Dagaz ~ sand
- {15} Algiz ~ the Black Diamond
- {16} Sowilo ~ Gold
- {17} Tiwaz ~ The Norse god Tyr & the rope Gleipnir (used to bind the Fenrir wolf)
- {18} Berkano ~ a gold Birch tree leaf
- {19} Ehwaz ~ the Temple of the Red Lion
- {20} Mannaz ~ the Red Apple tree or "hanging" tree in the Garden of Eden. Babylon
- {21} Laguz ~ a lake
- {22} Ingwaz ~ an "Ingwaz" or "Justice" Spring (plutonium, uranium, gold, ivory)





Incident Information

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See remainder of this supplement for the rest of the unresolved "incident" information. All 24 runes of the Elder Futhark have a giant planet [1] associated with it, approximately 100 million light years away that consist of what the incident was about. For example, a Giant Black Diamond Planet formed after Alina Starkov refused to pay 20 British pounds to the healer who had a table set up on Hiva Oa the night she arrived. The black diamond healing patch was intended for the ulcerated wound Alina suffered on her collarbone after the Elk antler was sliced off by the Roman soldier known as "Rome." This is **Algiz {15}**. All runic incidents are similar – a Giant planet formed as the result of an argument or incident that occurred related to resource use involving **magic**, and God(s) / Goddess(es) of Myth & Legend.

As of this writing, all 24 runic incidents are considered unresolved. According to the Giant Planets. **"the incident was to have been resolved at that time with the chunk that landed at the time."** According to Jupiter. "people are supposed to stay on their planet" (rather than expand like a giant ego into outer space). The belief is that the formation of a Giant Planet that spit out a chunk [of what the argument was over] was done in order to settle the argument and prevent anyone from causing another incident like Jupiter who started out human, but ended up expanding into a giant gas planet over a minor, egotistical argument due to their uncontrolled **EGO**.





Incident Information



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For all 24 runic events, the individual from the other planet has followed their "runic victim(s)" around with their corresponding chunk in a bag, asking them to repay their debt ever since the incident occurred.

[1] The first incident (NOT part of the Runic alphabet) when a Giant Gas Planet formed was at 2100 BC with the planet known as "Jupiter." Jupiter, the Roman god of the sky and thunder was in attendance at the birth of the ancient Greek goddess of magic and witchcraft known as Hecate. Hecate is currently known as the American actress, "Mila Kunis." Hecate was the daughter of Demeter (a Greek goddess with white skin) and Balthazar, a djinn (genie) of the bottle, originally a Berber nomad from Northern Africa (with black skin), but currently known as "Idris Elba," the English actor.

At the time of Hecate's birth, suspicious visitors from another planet planned their arrival on Earth in order to attend the birth of Hecate, originally born a hunchback child. The resulting explosive argument between the Roman god and the attending visitors is when the Roman god ended up in the night sky as the 5th planet from the sun, his ultimate fate as the largest planet in our solar system. Legend has it, the planet's rust, beige and white colored horizontal stripes are the clothes the Roman god was wearing at the time.





{9} Hagalaz



Questions / Homework / Translation Practice

This marriage ceremony between two men (of different race/skin color ~ Marcus Lakota was a Lakota Sioux with brown skin and Bradley James¹ was a man from Finland with white skin) took place at 1600 AD. Can you find any other recorded same-sex marriages prior to 1600 AD? Make a list.

Claim

Bradley James & Marcus Lakota were charged for being in the area and for "being toxic." a monetary debt that was never settled and an argument over their Bronze ring.

Notes for the Instructor

1. https://en.wikipedia.org/wiki/Bradley_James



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Questions / Homework / Translation Practice

Prior to 500 BC. various countries in the region charged people (or, like the jackal-headed god of the dead, Anubis, weighed their souls in judgement to determine if they were worthy of eternal life) for prolonging life using uranium or plutonium (or both). However in this instance, disaster struck in the form of a meteor shower on an afternoon of a large gathering in the Caspian Sea Region. The two individuals involved were out late in the evening without shelter and the woman known then as "Cassiopeia"² presumably would have died in the cold if they had not started a fire with the wood poisoned with trace amounts of uranium from the recent explosions.

Claim

Marcus Lakota and Michelle claimed they "paid" for their use by building a large water wheel for the nearby village, however a cash (or monetary) payment was requested.

Q: In the past, certain countries had established practices for people who wanted to prolong their life past the typical age. Egyptians paid (depending on their status in society) or were judged individually. The Gates of Horn and Ivory³ was believed to have been in use in Iran / Greece for those who might "pass their test," allowing a judge to grant them a longer life, using either uranium, plutonium or both.

Do you think charging people to prolong their life⁴ is a good idea? Or should they be required to pass a test or judgement? Or simply prohibited from doing so in general?





{10} Naudhiz¹



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Notes for the Instructor

See also what's colloquially known as "The Lost Commandment." or the third tablet Moses dropped that contained Commandments 11-15. which deal with uranium and plutonium poisoning. Abraham's instructions read: To prolong life ~ Use 1-3 drops Uranium by eye per annum. Plutonium ~ do not use. Discuss with students whether or not they would recommend following Abraham's instructions.

1. <https://www.vikingheritage.net/blogs/viking/rune-naudhiz>
2. Michelle Obama in the 21st Century
3. Odysseus is known for having passed through the Gates of Horn & Ivory on his return to Penelope from the Trojan War at 1100 BC.
4. Beyond the human life span using either uranium, plutonium or both.





{11} Isaz



Questions / Homework / Translation Practice

The winter of Isaz was made famous by C.S. Lewis in his 1950 novel **The Lion, the Witch and the Wardrobe**, when it “was always winter but never Christmas.” The Caspian Sea did freeze for 100 years from 1500 AD to 1600 AD, but it was called Narnia by C.S. Lewis in his seven-book story series, **The Chronicles of Narnia**. Can you find any sources¹ that recorded a 100 year-long winter in the Caspian Sea Region (1500-1600 AD), that includes the Caspian Sea having frozen over?

Claim

Known as Roger Stone in the 21st Century, the same individual was also known as Father Time in the Chronicles of Narnia. At 1500 AD, Roger Stone was charged with the radioactive explosion known as Isaz, an explosion which left the Caspian Sea frozen to solid ice and the entire region to endure 100 years of winter from 1500 AD to 1600 AD.

Notes for the Instructor

Watch the 2005 **The Lion, the Witch and the Wardrobe** movie with your students either before or after this lesson.

1. Include international sources and information in languages other than English.





Questions / Homework / Translation Practice

The Blood Spider Orchid Marcus left by the Yew tree disturbed the female jaguar known as "Bellie" and her mate Bagheera due to the fact that it had been poisoned with plutonium. Eventually the jaguars left the region and settled on other continents. Currently, this area in Peru is known as the Boiling River.

Q: Did the Orchid that Marcus dipped in plutonium cause the river to "overheat" and become the Boiling River, whereas before it may have been at a regular temperature?

Claim

Marcus & the Mayan Curandero were charged with being in the area. "being toxic." for leaving a poisoned Blood Spider Orchid plant, forcing the Giant Jaguars out, and for taking branches of the Yew tree with them when they left nearly 30 years after they had arrived.

Notes for the Instructor

1. Include international sources and information in languages other than English.





Questions / Homework / Translation Practice

The Yew tree is known for its longevity and resilience. However, it was erroneously believed to be a stable tree and this is the tree Marcus claimed this was why he used it to make the Epirus Bow.¹ Jesus also used the Jera Rune Stick (made of the Jera Yew tree) to beat away children, but the stick only bent at the tip.

The results of a brief internet search conclude that the Yew tree is extremely toxic to both people and animals, and to call poison control immediately if one is poisoned by a Yew tree. The search results also indicate that Yew poisoning results in death and/or is incurable. As of this writing,² Bradley James (an over 4,000 year old Finnish man)³ is still listed as a consultant for the International Longbow Archers Association, yet this individual never mentioned anything to the Association about the toxicity of the Yew tree in spite of the fact that longbows (currently & historically) are made from Yew wood.

Q: Why is this tree species still in use for making bows (e.g. longbows) as opposed to any other more suitable, nontoxic wood species?

Q: Would you exterminate the Yew tree species? Why or why not?

Claim

Yew tree poisoning of the masses.





Notes for the Instructor

Include international sources and information in languages other than English.

1. At 1100 BC, the Greek King Hyperion wanted to enter Marcus Lakota into his register as a gay man and asked to meet Marcus' "boyfriend" Bradley James, whom he referred to as the emperor's beau. However, due to a mispronunciation by Andromeda (aka Sophie Okonedo), who referred to the King's request as the Epirus Bow, the bow Marcus made was given this name. Marcus decided to go ahead and make the bow even after Andromeda's mispronunciation had been corrected by a King's messenger.
2. December 27, 2025 AD
3. Bradley James was born on December 28, 2300 BC.





{14} Perthro



Questions / Homework / Translation Practice

The Arabian stallions made famous by the Walter Farley series. "The Black Stallion." and "The Island Stallion." were believed to have descended directly from Bucephalus who was later bred to a Persian Mare. The mare is believed to have been the fastest horse in the world, and later gave rise to the breed known as the "thoroughbred."

Q: The Black Stallion and the Island Stallion are two known descendants of Bucephalus and the Persian Mare. The horse breeding stables are located in Saudi Arabia and run by the King known in **1,001 Arabian Nights** as "Shahriyar."

Q: What was the Arabian stallion originally bred for? Are there any Arabian stallions currently in use for their original purpose? See if you can find out if there are/were other Arabian stallions directly descended from Bucephalus and the Persian Mare. How many? Were they race horses? Explain.

Claim

Alexander the Great owed (owes) for having left the toxic, poisoned harness of Bucephalus in the tomb, and for occasionally allowing others access.

Notes for the Instructor

1. Include international sources and information in languages other than English.





A Diamond Patch

"Katie." a healer from the planet Uriel hoped to settle among the Earth's population by successfully treating Alina Starkov's ulcerated wound on Hiva Oa at 1500 AD. However, a discrepancy arose over the amount of crushed diamond required for the wound. Katie used half the amount of crushed diamond that would have covered only half of Alina's collarbone (rather than the entire collarbone area Alina had requested). The \$40 fee had already been paid by a local island woman, and Alina put her hand into the salve to apply a **diamond patch** on her collarbone but Katie objected, and at that instant a Giant Diamond planet formed 100 million light years away and spit out a small chunk of diamond that is worth approximately \$400 million in January of 2026 AD. Alina had offered Katie \$20 at the time, but Katie still carries the diamond chunk with her everywhere she goes, but only in order to badger Alina over a debt for a service she never received, since 1500 AD.

After giving up on the Diamond patch, Alina gave a Hiva Oa "Plutonium Pond Attendant" a small coin in exchange for enough plutonium to cover the wound and "heal" it although Katie claims the wound on Alina's collarbone never actually healed underneath the skin. It turns out, diamond was never intended for wound healing and the elk-sedge grass recommended for healing Alina's collarbone was left behind in the Caspian Sea Region where the Giant Elk lived.





{15} Algiz



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Questions / Homework / Translation Practice

The South Pacific island of Hiva Oa is, in actuality, a Giant Seahorse, one of the Earth's protective guardians. The Giant Seahorse, known as Hiva Oa, was known for its plutonic spring on the top of the island, a leftover caldera from one of two extinct volcanoes on Hiva Oa.

With such seeming significance for Earth and its population, why was this problem never really dealt with? How could it be dealt with differently in the future?

See the Giant Black Diamond Planet in the 2015 movie "Battle for SkyArk."

<https://www.imdb.com/title/tt2784134/>





A Diamond Patch

~~Alina Starkov was given a diamond patch to heal the ulcerated wound on her collarbone where the Elk antler had been sliced off. At the time (1500 AD), Alina owed "40 English coins" to pay for the cost of the diamond patch. However, she never paid this debt, and the total amount currently¹ owed is now \$4 million U.S. dollars. A diamond planet called Sky Ark² formed as a result of what Alina took without paying for.~~

Questions / Homework / Translation Practice

~~The South Pacific island of Hiva Oa is, in actuality, a Giant Seahorse, one of the Earth's protective guardians. The Giant Seahorse, known as Hiva Oa, was known for its plutonic spring on the top of the island, a leftover caldera from one of two extinct volcanoes on Hiva Oa.~~

~~With such seeming significance for Earth and its population, why was this problem never really dealt with? How could it be dealt with differently in the future?~~

1. December 2025 AD

2. SkyArk <https://www.imdb.com/title/tt2784134/>





{16} Sowilo



Questions / Homework / Translation Practice

Also known as “the gold that came from the sun.” The only requirement for a cup of Sowilo Gold is to register in Ankara, the country's cosmopolitan capital, located in Turkey's central Anatolia region. This natural Gold source is believed to be guarded by Giant Termites and produces Gold from 11AM-12 Noon daily. Sowilo Gold is believed to come from the Sun, when the sunlight strikes the rock, one cup of gold is produced daily over the course of one hour.

Q: Do you know anyone who has successfully (and lawfully) obtained a cup of Gold from Sowilo?

Claim

King Midas and his daughter Pasiphae owe for her having fallen in.

Notes for the Instructor

1. Include international sources and information in languages other than English.





{17} Tiwaz



Questions / Homework / Translation Practice

A legend states that the Giant Wolf Fenrir only submitted to his tormentors in order to save his "whisker descendant" (someone who had grown from a dropped whisker & turned human).

Q: See if you can figure out what happened to Fenrir's "whisker descendant" after she escaped her pursuers in Armenia.

Claim

For having left the rope Glipnir while trying to bind the Fenrir wolf.

Notes for the Instructor

1. Include international sources and information in languages other than English.





{18} Berkano



Questions / Homework / Translation Practice

A few items were left in Utah that are considered magic. The gold birch tree leaf is one of them. There is also Emperor Constantine's shield from the fall of Constantinople and Thor's Hammer Marcus took after "Ragnarok." 500 BC.

Q: What would you recommend be done with this magic item, the gold tree leaf that is in a forested grove in Utah? (e.g. try to find it, take it some place else, take pictures of it, etc...)

Claim

Mila for having left the gold birch tree leaf from the Caspian Sea Region after 500 BC.

Notes for the Instructor

1. Include international sources and information in languages other than English.
2. Dec 30, 2025 ~ The Gold Birch Leaf of Berkano joined us in Fort Collins, CO after having jumped into the waiting pocket of one of the author's granddaughters. "Perme."





{19} Ehwaz



Questions / Homework / Translation Practice

Since 500 BC, a group of individuals with an Eternal Grudge against magic had been stealing poison from a toxic stream that ran from Marcus' castle in northwestern Iran. This group of individuals claimed they were "exterminators" with poison from Ehwaz, but this was never the case.

Q: What would you propose doing with a group of perpetually problematic individuals? List a few ideas.

Claim

Aladdin's father & Astraea to the Persian Mare for getting them to safety.

Notes for the Instructor

1. Include international sources and information in languages other than English.





{20} Mannaz



Questions / Homework / Translation Practice

See if you can find out who has been hanged from the “hanging tree” at Mannaz in the past. Perhaps hanging or what is typically considered execution or a death sentence was not (or isn't by the rules of magic) considered appropriate.

Q: What are other options (for the guilty) besides execution? List a few.

Claim

Adam owes a debt to the tree for the tree's “inappropriate” use (it was used to hang people).

Notes for the Instructor

1. Include international sources and information in languages other than English.





{21} Laguz



Questions / Homework / Translation Practice

Along with the Laguz meteor, Cronus threw down a second meteor that landed slightly farther south and to the west in what is now Middlesboro, Kentucky. However this town suffered no ill effects as a result. Do a little research or make a few phone calls and see if you can find out how the two towns ended up with completely different fates?

Claim

The American people owe a debt to Welch, West Virginia and the surrounding region for its restoration.

Notes for the Instructor

1. Include international sources and information in languages other than English.





{22} Ingwaz ~ 2200 BC



Questions / Homework / Translation Practice

Raksha ~ Baldr was seen by the white wolf, Raksha as he was leaving the Spring and heading southeast toward present-day Istanbul looking for a cure. Raksha claimed she left Baldr "untouched" since he was alone when he visited the Spring. Q: Why did Baldr visit the Spring alone?

Medusa ~ The Ingwaz Spring can also be used to turn people to stone, provided a Fig Leaf is added. Do some research (or ask others) and see how many people you can find that were turned to stone (e.g. Medusa) in the past. Make a list.

Weapons ~ The Ingwaz Spring can also be used to create weapons with the ability to detect the just versus the unjust. For example, a sword tip might bend at someone's chest, rather than penetrate the flesh. Think of 1-2 situations where a magic weapon from the Ingwaz Spring might assist with enforcing/restoring justice.

Claim

Baldr owes for having drunk from the Spring.

Notes for the Instructor

Rather than drink directly from the Spring, the Blue Agave Margarita with chili-lime rimming salt is recommended.





{23} Othala



Questions / Homework / Translation Practice

Research states that Thor's Hammer is considered a "hoodoo" at Bryce Canyon, or a tall, thin spire of rock formed by erosion. Why were Thor's Hammer and Constantine's shield left in Utah over 500 years later?

Claim

Marcus and Constantine for having left Thor's Hammer and the Emperor's shield in Bryce Canyon Utah.

Notes for the Instructor

Include international sources and information in languages other than English.





{24} Dagaz



Questions / Homework / Translation Practice

Q: What was this individual (Hansel/Lancelot) doing in North America at the time? He was born as an Eastern European in the mid-15th Century and this was a few hundred years later.

Claim

Hansel / Lancelot owes for having poisoned Lake Powell at Sand Hill in southeastern Utah.

Notes for the Instructor

Include international sources and information in languages other than English.

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